



Chapel Chatter

All the saints

Remembering those who have gone before us



November 1st is All Saints Day. This is a time to remember the saints that have gone before us. This year we will celebrate the Saints in our lives on Sunday, November 2nd with candles as well as lifting up their names in worship. It is a high holy time as we gather around the Lord's table and hear the words in the liturgy, "and so with your people on

earth and all the company of heaven." Those words always bring to my mind those who have gone before.

This year there will be a different All Saints Service on Saturday, November 1st at 11:00 a.m. It is a service of remembrance for our nonhuman companions. Family pets come in all shapes and sizes. They are our companions who love us unconditionally. When they die, we grieve. The Saturday All Saints memorial is to honor their lives and allow God's grace to be in the midst of our grief.

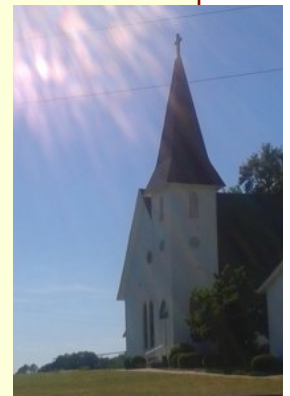
"For all the saints who from their labors rest..."



Plank Chapel United Methodist Church

To all who are lonely and need a friend, to all who are sick and seek Christ's healing power, to all who sin and need a Savior, this church opens wide its doors, and in the name of Christ our Savior, bids you welcome.

Join us for worship, at 8:30 am or 11:00 am, church school at 10:00 am. UMM - 3rd Sunday 8:00 am UMW - 3rd Sunday 3:00 pm See BASIC Youth for monthly schedule



Pastor: Rev. Dr. Carolyn Roy

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PASTOR'S REFLECTIONS

November is a time in our worship life when we give thanks with a grateful heart and extend God's love from the altar to the kitchen table. The Sunday before Thanksgiving we offer to the Lord the harvest we have reaped and take that offering into the community. This year not only will it go to those in our community in need or as a gift of remembrance, it will also go to Cokesbury UMC to their food pantry. May our generosity come from our love of God and of our neighbors.

"Give thanks with a grateful heart. Give thanks to the Holy One. Give thanks because he's given Jesus Christ, His Son."

This contemporary hymn by Henry Smith came to my remembrance as I cropped the picture of our Thanksgiving altar.

I give thanks every day for the gift of serving you at Plank Chapel. Each year brings a greater depth of gratitude as I come to know you more.

"And now let the weak say, 'I am strong.'"



I am grateful for how you have helped many in the community who see themselves as weak become strong. You nurture the children and youth in our midst to be strong in their faith.

"Let the poor say, 'I am rich, because of what the Lord has done for us.'"

Your generosity has been instrumental in creating changes in lives. You have allowed God to work through you into the community and the weak and poor have seen the Lord through your actions.

This month we also make a covenant with the Lord. On loyalty Sunday we will offer our pledge cards, giving thanks to the Holy One for what He has done for us through our pledge of our tithes and offerings. Consider His gift of His Son as you offer back to Him your commitment to the ministry of making disciples through Plank Chapel.

Praying with you,
Pastor Carolyn

CHANGING THE WORLD THROUGH OUR SPARE CHANGE - RED BIRD MISSIONARY CONFERENCE (#773978) LANE THREE



Missions Committee wants to remind you that November 2nd is Food Pantry Sunday. Bring in canned goods, pasta sauce, and peanut butter for the Cokesbury Food Pantry.

This month on November 25th we will be serving a meal at the homeless shelter. Contact Susan Sears if you would like to assist.

Community Partners of Hope opens the shelter on the 1st of November. This men's shelter is currently housed in the basement of the 1st Presbyterian Church in Henderson. It can sleep 16 and on cold wet nights it is a place of hope for the homeless. We will be providing a meal on the 4th Tuesday of each month while they are open. Join us in serving!

On November 30th after Hanging of the Greens worship we will be feasting together on soup and sandwiches in the Fellowship Hall.

FAITH AND FITNESS - MONTHLY CHALLENGE - EAT A RAINBOW

Super Foods for Heart and Brain Health

Deep purple: grapes, eggplant

Red: peppers, beets, plums, berries

Orange: peppers, citrus fruit, a range of squash and root vegetables such as carrots

Green: collard and turnip greens, spinach, kale

Other super foods: prunes, raisins, kiwi, **AVOCADOS**, **BLUEBERRIES**, seeds and nuts, brown rice, legumes, whole grains, freshly brewed tea, fatty fish (wild caught salmon, sardines are two) and

dark chocolate. Omega 3 fatty acids and antioxidants as well as plant phytochemicals are the BEST brain foods!

Do not forget to drink water too! When going out to eat order water, it not only is healthy for you, it is healthy for you wallet. Remember 64 ounces a day is easy if you drink two glasses when you get up, one with each meal, one mid afternoon, and one before bed. Replace the sugared drink with water it is healthier!

 MISSIONAL OPPORTUNITIES: 8 WAYS TO EASILY BE MISSIONAL

“Missional is not an event we tack onto our already busy lives It is our life.” Jonathan Dodson

1. Eat with non-Christians. When you go out for a meal invite others. Invite the neighbors over for a family dinner. Have a cookout and invite both Christians and non-Christians.
2. Walk, don't drive. Whenever possible make a practice of walking. Be deliberate in your walk and say hello to people. Strike up conversations. Pray as you go!
3. Be a regular. Shop at the same places and get to know the staff. Go to the same places at the same time. Smile. Ask questions. Build relationships.
4. Hobby with non-Christians.
5. Talk to your co-workers. Take your breaks with intentionality. Pick four and pray for them.
6. Volunteer with non-profits. ACTS, Lifeline, GAL, CPOH, KLM, Rebuilding Hope to name a few.
7. Participate in city events.
8. Serve your neighbors. Help a neighbor by weeding, mowing, building a cabinet, fixing a car. Get creative, just serve.

The Counting Committee would like to offer the following suggestions that will help us as well as Judy in properly maintaining and recording your offerings.

- 1) Please write your **name, date and amount** on the envelope for either cash or a check. If you don't do this, the committee has to take extra time to add this information. The envelopes are an important part of record keeping and are a check and balance for us as well as Judy in case of a discrepancy or audit.
- 2) Please **do not fold** your check. If you have cash, please do not fold it as well.
- 3) Please **do not seal** your envelope.
- 4) And lastly, please **use** the envelopes and not just place your check in the offering plate. We have to write one for you if you do not. As stated before these envelopes are vital in maintaining financial records.

We are glad to serve our church in this capacity but just need your cooperation in making our jobs easier. Churches are required to have a counting committee as a check and balance system against possible fraud.

Thank you for your help.

The Counting Committee - Gwen Ritchey, Jeanette Weaver, Judy Wilson and Darlene Ranes

Surviving the Holidays - A faith based grief program designed to help you get through the holidays following loss of a loved one. **November 6 at 6:00 p.m.** - First United Methodist Church - Stephen Ministry Room - For more information contact the church office at **252-432-2356**

BASIC YOUTH



Acolytes
 2nd - David Thompson
 9th - Austyn Abbott
 16th - Mizael Gonzalez
 23rd - Chuck Thompson
 30th - Taylor Shepardson

Youth Council meets on the 1st Sunday of the month at 4:00 pm.

BASIC UMYF meets on 1st and 3rd Sundays from 4:30 - 5:30 pm. 1st Sundays at Plank Chapel UMC, 3rd Sundays at Spring Valley UMC.

Pilgrimage is November 7-9 - "Traveling in God's Direction"

Skit Guys! Testimonies! Worship! Join us! <http://www.nccpilgrimage.org> We are finalizing travel arrangements on Sunday, November 2nd. Imagine No Malaria will be the mission focus of Sunday's worship service. \$10.00 buys a net, a net saves a life so as you plan your spending at Pilgrimage save \$10 for Sunday to save a life! Lodging is Camp Dixie - remember to bring your sleeping bags, pillows, and toiletries as they are not provided.

Traveling in God's Direction read ahead: Acts 8:26-40 and Acts 9:1-19.

On Sunday, November 2nd we will be going over covenants of conduct and traveling arrangements with lists of "stuff to bring" and "stuff to leave behind."

Mission opportunity in November is to help serve meals at the homeless shelter - November 25.

Conference Youth Events Schedule for 2015

Global Vision - March 10-15
 Kalediscope - April 17-19 at Camp DonLee (Middle School Only)
 Breakaway - June 14-20 at Louisburg College
 Appalachian Trail Hike - July 6-11
 ACS - July 13-18 at Methodist University (High School)
 Pilgrimage - November 13-15 at Crown Coliseum in Fayetteville

Movie Night - Christmas without Christ is a Mess! - We need to select a night and preorder our tickets as the movie will only be playing for two weeks beginning November 14th! Could be a great way to end the UMM BBQ - late night movie!!!!



IN HIS SERVICE

November Ushers

Henry Finch, Freddie McGhee,
Bryant Bobbitt, Ben Brown

November Altar Guild

Patricia Rogers and Kathy Rowland

Flowers

2nd - Frances Beckham
9th - Frances Woodlief
16th - Kasey Pegram
23rd - Carolyn Roy
30th - Advent Angel

Lay Readers

2nd - Taylor Shepardson
9th - Janet Bobbitt
16th - Chase Thompson
23rd - Natalie Gonzalez
30th - various

Greeters

2nd - Taylor Abbott
9th - Daryl Spencer
16th - Matthew Denton
23rd - Todd Wilson
30th - Laurie Miller

Nursery Workers

2nd - Frances Roberts and Jessica Lassiter
9th - Kim and Laci Oettinger
16th - Lizzie Driver and Roxie Kearney
23rd - Judy Eaves and Arianna Fuller Bell
30th - Roxie Kearney and Timothy Lassiter

Outreach Team

2nd - Debra and Bruce Newman
9th - Karin Driver and Carolyn Roy
16th - Darlene Ranes and Joyce Edwards
23rd - Faye Woodlief and Judy Wilson
30th - John and Patricia Rogers



Community in Prayer

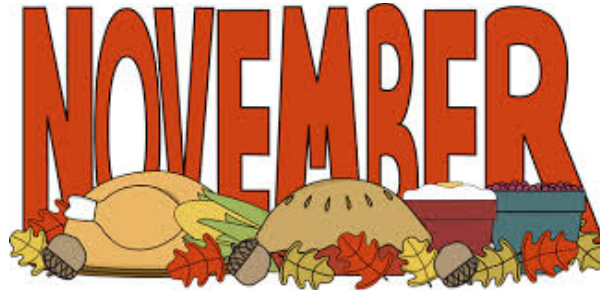
For... Lelia Brigham, Frances Fuller, Molly Ann Hundley, Geneva Hawley, Stephen Bowers, Fred Beckham, Skeeter Pearce, James Rowland, Charles Parsons Smith, Gerald Woodlief, Jane Owen

For...those grieving,
For...those facing medical procedures this month,
For...those without food, jobs and shelter,
For...our leaders, our teachers, our volunteers,
For...our aging and shut ins
For...Our military, families, and veterans

For...healing and reconciliation,
For...the lost and afraid,
For...Henderson, Vance County
For...Our children and youth
For...Plank Chapel
For...all in harms way

For Peace

Sunday
Worship Opportunities
8:30 am
11:00 am



Church
School
10:00 am
Sundays

Confirmation Classes are Sunday mornings 10:00 am in the library/ music room						1 11:00 am - Memorial Worship
2 All Saints Sunday 4:00 pm - Youth Council 4:30 pm - BASIC YOUTH 5:30 pm - Play Practice 7:00 pm - Faith and Fitness Remember to change your clocks!!!!!!!	3	4 Election Day Remember to vote	5 10:00 a.m. - 4 Seasons Cafe and Gift Shop 5:30 p.m. - Faith and Fitness 6:30 p.m. - Choir Practice	6 1:30 p.m. - Keeping Holy Time Bible Study 6:00 p.m. - Surviving the Holidays @ 1st UMC Henderson	7	8 <div style="border: 1px solid black; padding: 5px; text-align: center;">Pilgrimage - 7-9 BASIC UMYF</div>
9 No Early Worship Youth returning from Pilgrimage mid afternoon 7:00 pm - Faith and Fitness	10	11 20 14 Happy Veterans Day	12 5:30 p.m. - Faith and Fitness 6:30 p.m. - Choir Practice	13 1:30 p.m. - Keeping Holy Time Bible Study	14	15
16 No Early Worship 8:00 a.m. - UMM 3:00 p.m. - UMW 4:30 pm - BASIC YOUTH at Spring Valley 5:30 pm - Play Practice 7:00 pm - Faith & Fitness	17	18	19 10:00 a.m. - Senior Circle 5:30 p.m. - Faith and Fitness 6:30 p.m. - Choir Practice	20 1:30 p.m. - Keeping Holy Time Bible Study 7:00 pm - Kittrell Community Watch	21	22
23 Thanksgiving Altar - Sharing our Bounty 7:00 pm - Faith and Fitness	24 7:00 pm Missions Team meeting	25 6:00 pm Men's Shelter Meal	26 5:30 p.m. - Faith and Fitness 6:30 p.m. - Choir Practice	Happy Thanksgiving	28	29
30 1st Sunday in Advent Hanging of the Greens with lunch following 7:00 pm - Faith and Fitness						